

Superfluid ^4He

Bose-Einstein condensation \sim superfluid ^4He
?

$$\left. \begin{array}{l} m_{^4\text{He}} \\ \text{experimental} \\ \text{liq. } ^4\text{He} \end{array} \right\} \rightarrow T_C^{\text{BEC}} = \frac{h^2}{2\pi m k_B} \left(\frac{n}{(2s+1) S_{3/2}^+(1)} \right)^{1/3} \approx 3.14 \text{ K}$$

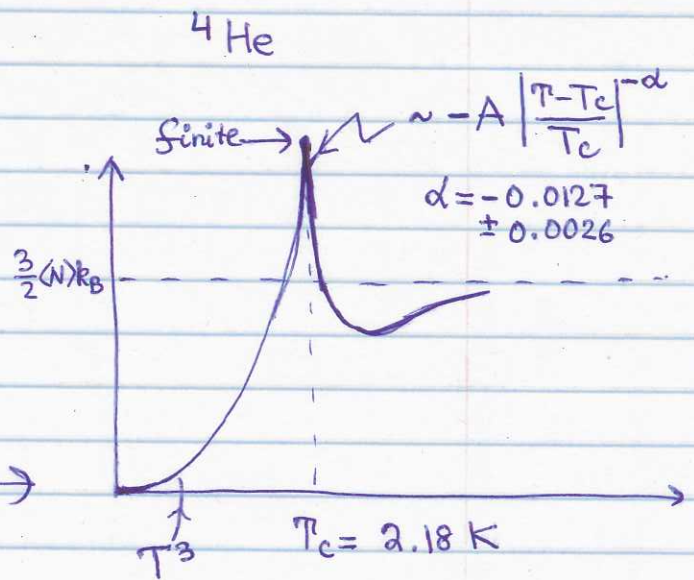
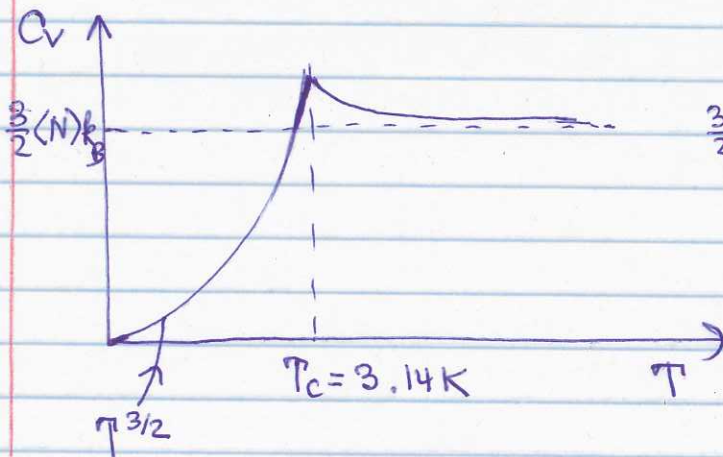
$$T_C^{\text{exp}} = 2.18 \text{ K}$$

However, the situation in ^4He is much more complicated

Contrast ideal Bose gas vs real ^4He

Ideal Bose gas

- Specific heat

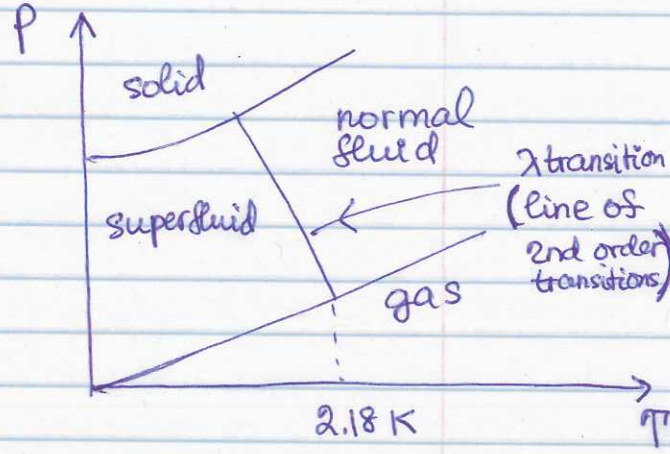
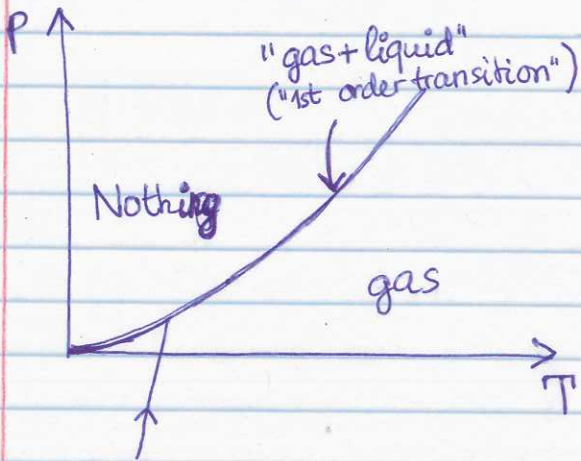


" λ transition"; infinite slope at T_c , but no divergence [older literature - logarithmic divergence]

Ideal Bose gas

Real ⁴He

Phase diagram



$$p = k_B T \frac{(2s+1)}{\lambda^3(T)} g_{5/2}^+(1) \sim T^{5/2}$$

in the BEC phase
cannot have higher pressure:
if decreasing volume, just more
molecules will go to $\vec{k}=0$ state
which exerts **no** pressure

neglects interactions!
of course, one cannot infinitely
compress the $\vec{k}=0$ liquid
and feel no pressure

Pressure dependence of T_c :

$$T_c \sim \rho^{1/3}$$

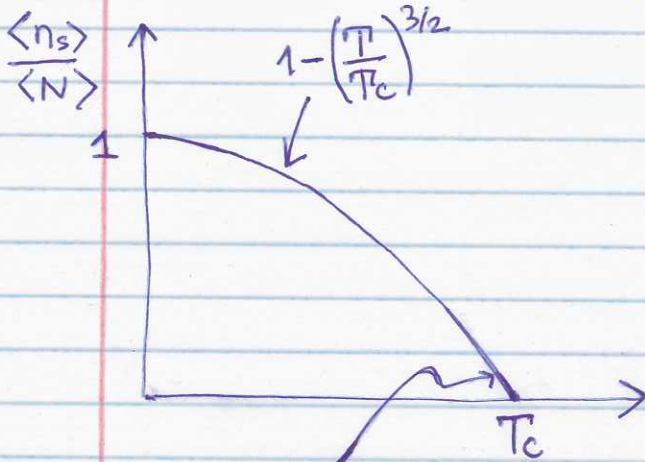
$$\frac{dT_c}{d\rho} \sim \rho^{-2/3} > 0$$

$T_c \uparrow$ for $\rho \uparrow$

$$\frac{dT_c}{d\rho} < 0$$

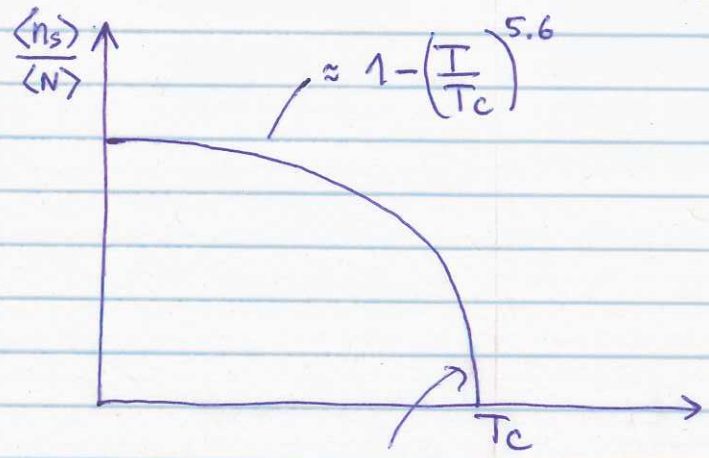
$T_c \downarrow$ for $\rho \uparrow$ on λ -line } -cf. phase diagram
($\rho \uparrow$ for $p \uparrow$)

- Condensate fraction ($\langle n_s \rangle = \# \text{ atoms in the superfluid phase}$)



$$1 - \left(1 + \frac{T - T_c}{T_c}\right)^{3/2} \approx -\frac{3}{2} \frac{T - T_c}{T_c} \quad \left. \begin{array}{l} \text{--- linear} \\ \text{slope} \end{array} \right\}$$

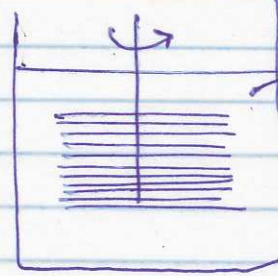
[Here assuming $n_s = n_{\vec{p}=0}$]



$$\sim \left(\frac{T_c - T}{T_c}\right)^{\nu}$$

$$\nu = 0.674 \pm 0.001$$

Andronikashvili experiment:



liquid ^4He

disks 0.2 mm apart
normal ^4He is dragged along

$$\Rightarrow \text{moment of inertia} \propto \frac{\langle n_{\text{normal}} \rangle}{\langle N \rangle} =$$

$$= 1 - \frac{\langle n_s \rangle}{\langle N \rangle}$$

- Zero momentum fraction ($\langle n_0 \rangle \equiv \# \text{ atoms with } \vec{p}=0$) at $T=0$ (quantum ground state)

$$\frac{\langle n_0 \rangle}{\langle N \rangle} = 1$$

$$\Psi_0(\vec{r}_1, \dots, \vec{r}_N) = \text{const} \\ = \text{Perm} \begin{pmatrix} 1 & 1 \\ 1 & 1 \\ \vdots & \vdots \end{pmatrix}$$

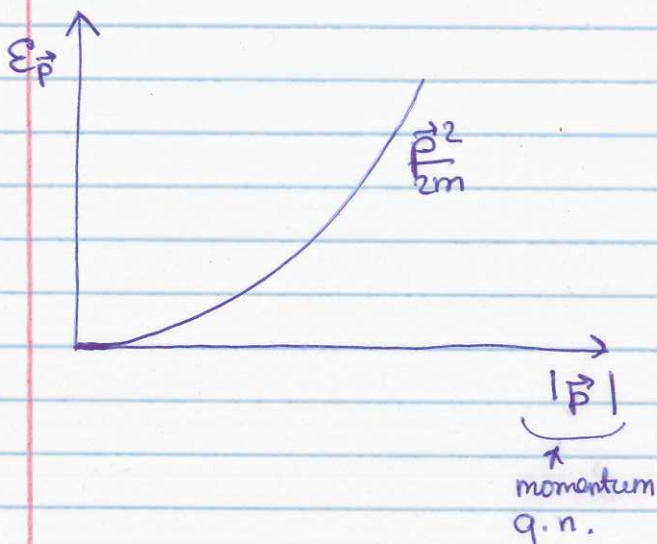
$$\frac{\langle n_0 \rangle}{\langle N \rangle} \approx 0.1 \quad \left(\begin{array}{l} \text{estimate} \\ \text{from neutron} \\ \text{Compton scattering} \end{array} \right)$$

$$\Psi_0(\vec{r}_1, \dots, \vec{r}_N) \approx \text{const} \cdot \begin{cases} 0 & \text{if } |\vec{r}_i - \vec{r}_j| < a \\ 1 & \text{otherwise} \end{cases}$$

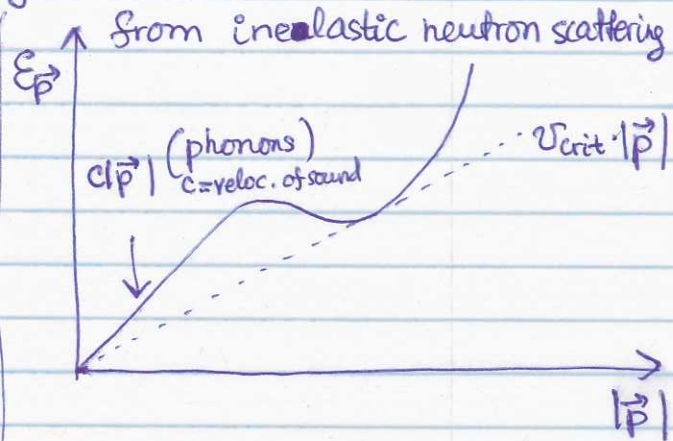
He-He repulsion

$$\Psi_0(\vec{r}_1, \dots, \vec{r}_N) \sim e^{-\sum_{ij} u(|\vec{r}_i - \vec{r}_j|)} \text{--- "Jastrow"}$$

• Energy spectrum of elementary excitations



NO SUPERFLUIDITY



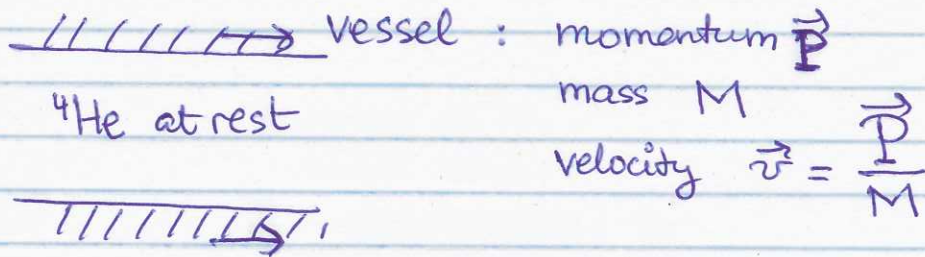
SUPERFLUIDITY!

$v_{\text{crit}} = 60 \frac{m}{s}$

Landau's argument for superfluidity

(* actually currently believed to not be fundamental; fundamental - generalized rigidity (superfluid stiffness) when $U(1)$ symmetry is spontaneously broken)

Consider whether moving container walls can drag the ${}^4\text{He}$ (e.g. moving plates in Andronikashvili experiment)



To drag ${}^4\text{He}$, need to create excitations, say momentum \vec{q} energy $E_{\vec{q}}$

This is possible only if

$$\frac{\vec{P}^2}{2M} = \frac{(\vec{P} - \vec{q})^2}{2M} + E_{\vec{q}} \quad \left. \vphantom{\frac{\vec{P}^2}{2M}} \right\} \text{momentum and energy conservation}$$

$$0 = \frac{\vec{q}^2}{2m} - \frac{\vec{p} \cdot \vec{q}}{M} + \epsilon_{\vec{q}},$$

$$\epsilon_{\vec{q}} = \vec{v} \cdot \vec{q} - \frac{\vec{q}^2}{2M}$$

negligible (M very large)

$$\Rightarrow \epsilon_{\vec{q}} = \vec{v} \cdot \vec{q} \leq |\vec{v}| \cdot |\vec{q}|$$

need

$$\Rightarrow |\vec{v}| \geq \frac{\epsilon_{\vec{q}}}{|\vec{q}|} \geq v_{\text{critical}} \quad \text{— condition for flow with friction}$$

(Vessel at rest and moving He — go to the rest frame of He; if $|\vec{v}| < v_{\text{crit}}$ — no drag)

Ideal Bose gas:

$$\frac{\epsilon_{\vec{q}}}{|\vec{q}|} = \frac{|\vec{q}|}{2m} \quad \text{— can be arbitrary small}$$

- always excitation
- always friction

Real ${}^4\text{He}$:

if $v < v_{\text{critical}}$ —
— no excitations

Origin of phonon-like excitations — Bogoliubov theory of ${}^4\text{He}$ excitation spectrum — subject of many-body physics (condensed matter physics). Here will only say that it is similar to origin of phonon excitations in solids: $\omega_{\text{phonon}}(\vec{k}) \sim c|\vec{k}|$

— broken continuous symmetry.

~~phonon~~

When solid forms, translational symmetry is broken → phonon

When a superfluid forms, global $U(1)$ symmetry is broken → phonon

Loosely — $\cos(\phi_i - \phi_j)$; global $U(1)$: $\phi_i \rightarrow \phi_i + \alpha$

Will discuss much more later in the course.

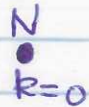
Statistical mechanics of superfluids

$T=0$ - ground state

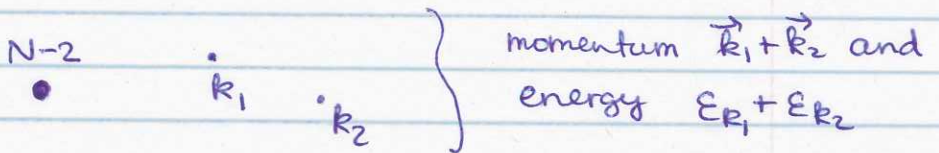
low T - low-energy excitations ~~XXXXXXXXXXXXXXXXXXXX~~ determine low- T properties

Example: 1) Ideal Bose gas with fixed number of particles

$T=0$ ground state: all bosons in $\vec{k}=\vec{0}$



Excitations:



General

$$|N_0, n_{\vec{k}_1}, n_{\vec{k}_2}, \dots\rangle \quad - \text{label simply by } \{n_{\vec{k} \neq 0}\}$$

$$\vec{P} = \sum_{\vec{k}} \vec{k} n_{\vec{k}}$$

$$E = E_G + \sum_{\vec{k}} E_{\vec{k}} n_{\vec{k}}$$

of course, need $\sum_{\vec{k}} n_{\vec{k}} \leq N$
but for low T can be safely satisfied.

Canonical partition sum

$$\mathcal{Z}_N = \sum_{\{n_{\vec{k}}\}} e^{-\beta(E_G + \sum_{\vec{k}} n_{\vec{k}} E_{\vec{k}})} \approx e^{-\beta E_G} \prod_{\vec{k}} \left(\sum_{n_{\vec{k}}=0}^{\infty} e^{-\beta n_{\vec{k}} E_{\vec{k}}} \right)$$

↑
ignoring $\sum_{\vec{k}} n_{\vec{k}} \leq N$

$$Z = e^{-\beta E_G} \prod_k \frac{1}{1 - e^{-\beta \epsilon_k}} ; \ln Z = -\beta E_G - \sum_k \ln(1 - e^{-\beta \epsilon_k})$$

$$F = -k_B T \ln Z = E_G + k_B T \sum_k \ln(1 - e^{-\beta \epsilon_k})$$

$$U = \langle E \rangle = -\frac{\partial \ln Z}{\partial \beta} = E_G + \sum_k \frac{1}{1 - e^{-\beta \epsilon_k}} \cdot (-1) e^{-\beta \epsilon_k} \cdot (-\epsilon_k)$$

$$= E_G + \sum_k \frac{\epsilon_k}{e^{\beta \epsilon_k} - 1} = E_G + \sum_k \epsilon_k \langle n_k \rangle$$

$$\langle n_k \rangle = \frac{1}{e^{\beta \epsilon_k} - 1}$$

— Bose-Einstein distribution with $\mu = 0$ — here by explicit calculation.
 roughly, because the total number $\sum_{k \neq 0} n_k$ is not fixed!

2) Vibrations of solids: by explicit diagonalization of the harmonic crystal problem, obtained collection of decoupled oscillators

$$E = \sum_{\vec{k}, s} \hbar \omega_s(\vec{k}) \left(n_{s, \vec{k}} + \frac{1}{2} \right)$$

$$= \underbrace{E_{GS}}_{\text{"zero-point energy"}} + \sum_{\vec{k}, s} n_{s, \vec{k}} \underbrace{\hbar \omega_s(\vec{k})}_{\text{energy of an elementary excitation — "phonon"}}$$

Since E_{GS} is just an overall constant, ~~we~~ for the purposes of thermodynamics can focus entirely on the

$$E - E_{GS} = \sum_{\vec{k}, s} n_{s, \vec{k}} \epsilon_{k, s} \left\} \leftarrow \text{"gas of elementary excitations"}$$

Ground-state - can be quite complicated (here, each oscillator is in the ground state wavefunction, and this still needs to be translated to the original ion coordinates). But for the purposes of thermodynamic calculations, only need to know ~~oscillator~~ low energy excitations, and here can label them as "particle-like".

Ground-state \equiv no excitations \equiv vacuum of these particles.

Calculation of thermodynamics - precisely as already described.

$$U = E_{GS} + \sum_{\mathbf{k}} \frac{\epsilon_{\mathbf{k}}}{e^{\beta \epsilon_{\mathbf{k}}} - 1}$$

this is calculation in canonical ensemble (fixed number of ions or fixed boson number), while the result looks like "grand canonical ensemble with $\mu = 0$ "

↑
because it is for new "particles" = elementary excitations, whose total number is not restricted when we want to construct the whole spectrum

"Excitations can ~~pop~~ pop up and disappear", like (thermally excited) photons in vacuum.

Vibrations in solids : $\omega_{s(\mathbf{k})} = c_s |\vec{k}|$

$\Rightarrow C_V \sim T^3$ in 3d
specific heat at low temperature

$$\left(U \sim \int d^d k \frac{\hbar c |\mathbf{k}|}{e^{\hbar c |\mathbf{k}| / k_B T} - 1} \sim T^{d+1} \int d^d \tilde{k} \frac{|\tilde{k}|}{e^{|\tilde{k}|} - 1} \right)$$

$C_V \sim T^d$

Elementary excitations in superfluid ^4He

$$E = E_G + \sum_{\mathbf{k}} E_{\mathbf{k}} n_{\mathbf{k}}$$

Bogoliubov spectrum
for weakly interacting
Bose gas

$$E_{\mathbf{k}} \approx \sqrt{(\hbar c k)^2 + \left(\frac{\hbar^2 k^2}{2m}\right)^2}$$
$$\approx \hbar c |\mathbf{k}| \text{ for very small } \mathbf{k}$$

- similar to phonons in 3d!

Thermodynamics - very similar to low-T properties of vibrations in solids at low T

$$\Rightarrow C \sim T^3 \left. \vphantom{\Rightarrow} \right\} \leftarrow \text{observed experimentally! (as opposed to } T^{3/2} \text{ for } E \sim k^2 \text{)}$$

Landau's insight -
- focus on elementary excitations; notion of quasiparticles and "simplicity" of the excitation spectrum.

In fact, it was $C \sim T^3$ observed experimentally that prompted Landau to postulate linearly dispersing elementary excitations $E_{\mathbf{k}} = \hbar c |\mathbf{k}|$ (and then Landau's argument for superfluidity)

Microscopic origin - Bogoliubov (47-48) quantum mechanical treatment of weakly interacting Bose gas.

$$E_{\mathbf{k}} \approx \sqrt{(\hbar c k)^2 + \left(\frac{\hbar^2 k^2}{2m}\right)^2}$$

from interactions

(many-body physics; CMP course)

Modern perspective: Superfluidity - $U(1)$ symmetry breaking - must have Goldstone mode = phonon

Will discuss order parameters and symmetry breaking next term.