

Tae Geuk Pal Jahng (8)

1. The Left Outer Wrist Guarding Middle Section Outward Block in the Right Back Stance and the Right Fist Middle Section Straight Punch in the Left Forward Stance
2. The Jump Twin Kick and the Left Outer Wrist Middle Section Inside Block, the Right then the Left Fist Middle Section Double Punch in the Left Forward Stance
3. The Right Fist Middle Section Reverse Straight Punch in the Right Forward Stance
4. The Part Mountain Shape Block in the Right Forward Stance
5. The Right Fist Upper Chin Punch in the Left Forward Stance
6. The Part Mountain Shape Block in the Left Forward Stance
7. The Left Fist Upper Chin Punch in the Right Forward Stance
8. The Left Knife Hand Middle Section Outward Block in the Right Back Stance
9. The Right Fist Middle Section Straight Punch in the Left Forward Stance
10. The Right Front Snap Kick and the Right Palm Fist Middle Section Inside Block in the Right Tiger Stance
11. The Left Knife Hand Middle Section Outward Block in the Left Tiger Stance
12. The Left Front Snap Kick and the Right Fist Middle Section Straight Punch in the Left Forward Stance
13. The Left Palm Fist Middle Section Inside Block in the Left Tiger Stance
14. The Right Knife Hand Middle Section Outward Block in the Right Tiger Stance
15. The Right Front Snap Kick and the Left Fist Middle Section Straight Punch in the Right Forward Stance
16. The Right Palm Fist Middle Section Inside Block in the Right Tiger Stance
17. The Right Wrist Guarding Low Section Block in the Left Back Stance
18. The Left Front Snap Kick, the Right Jump Front Snap Kick and the Right Outer Wrist Middle Section Block, the Left then the Right Fist Middle Section Double Punch in the Right Forward Stance
19. The Left Knife Hand Middle Section Outward Block in the Right Back Stance
20. The Right Elbow Face Round Strike in the Left Forward Stance
21. The Right Back Fist Face Front Strike and Left Fist Middle Section Reverse Straight Punch in the Left Forward Stance
22. The Right Knife Hand Middle Section Outward Block in the Left Back Stance
23. The Left Elbow Face Round Strike in the Right Forward stance
24. The Left Back Fist Face Front Strike and the Right Fist Middle Section Reverse Straight Punch