

# Participant Information Form

Name & Phone # \_\_\_\_\_

Emerg. Contact \_\_\_\_\_

I have car and am willing to drive (check):      yes                  no

Check each item that you already have and can bring

60 m rope                  backpacking stove                  shovel                  tent

Check each item that you anticipate needing to borrow/rent

trekking poles                  boots                                  snowshoes

sleeping bag                  sleeping pad

backpack                  1 locking carabiner

Please describe any relevant mountaineering experience

Please describe any allergies or medical conditions or anything else you think we should know: